

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## St. Anne's Mead Assisted Living

							<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Current Events MC</p> <p>11:00 Phase 10 SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Polish Me Lovely</p> <p>4:00 Mass CH</p>
<p>9:30 Coffee &amp; Chats</p> <p>10:00 Stream Church NL</p> <p>11:00 Skip-Bo SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Movie Matinee SL</p> <p>4:00 Brain Games MC</p> <p>Dr. Seuss's Birthday</p>	<p>9:30 Breakfast Banter</p> <p>10:00 Hand Massage NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Shamrock and Chat NL</p> <p>2:30 Mass CH</p> <p>3:30 Name That Tune SL</p> <p>Read Across America Day</p>	<p>9:30 Sunshine Salutations</p> <p>10:00 Musical Moods NL</p> <p>11:00 Tender Heart Trivia SL</p> <p>1:30 Game of Choice NL</p> <p>2:00 Culinary Corner MDR</p> <p>3:30 Devotions SL</p> <p>Mardi Gras</p>	<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Memory Lane NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Word Games NL</p> <p>2:00 Walk &amp; Talk AL/MC</p> <p>3:00 Creativity Workshop SL</p> <p>Ash Wednesday (Lent)</p>	<p>9:30 Coffee &amp; Chats</p> <p>10:00 Nature Watch NL</p> <p>11:00 Trivia NL</p> <p>1:30 Indoor Corn Hole</p> <p>2:30 Wine &amp; Cheese MDR</p> <p>4:00 Puzzles NL</p>	<p>9:30 Breakfast Banter</p> <p>10:00 TLC Sensory NL</p> <p>11:00 Chair Exercise SL</p> <p>2:00 Salon Nail Spa</p> <p>4:00 Meet &amp; Greet with Vital Internal Medicine – Dr. Shuker SL</p>	<p>9:30 Sunshine Salutations</p> <p>10:00 Current Events MC</p> <p>11:00 Would You Rather SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Skip-Bo SL</p> <p>4:00 Mass CH</p> <p>International Women's Day</p>	
<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Stream Church NL</p> <p>11:00 Phase 10 SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Movie Matinee SL</p> <p>4:00 Walk &amp; Talk MC</p> <p>Daylight Saving Time Begins</p>	<p>9:30 Coffee &amp; Chats</p> <p>10:00 Heartfelt Hangouts NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Walk &amp; Talk AL/MC</p> <p>2:30 Mass CH</p> <p>3:30 Who am I? SL</p>	<p>9:30 Breakfast Banter</p> <p>10:00 Coloring w/Friends NL</p> <p>11:00 Tender Heart Trivia SL</p> <p>1:30 Word Games SL</p> <p>2:00 Would You Rather NL</p> <p>3:00 Music with Julie SL</p>	<p>9:30 Sunshine Salutations</p> <p>10:00 Hand Massage NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Shake a Memory NL</p> <p>2:00 Bingo</p> <p>4:00 Puzzles</p> <p>Girl Scout Day</p>	<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Musical Moods NL</p> <p>11:00 Trivia NL</p> <p>1:30 Sunroom Visit</p> <p>2:00 Memorial Service MDR</p> <p>4:00 Brain Games NL</p> <p>Purim Begins</p>	<p>9:30 Coffee &amp; Chats</p> <p>10:00 Church of the Transfiguration CH</p> <p>11:00 Chair Exercise SL</p> <p>2:30 St. Paddy's Day Party feat. Tom Reid MDR</p> <p>4:00 Brain Games NL</p>	<p>9:30 Breakfast Banter</p> <p>10:00 Current Events MC</p> <p>11:00 Name that Tune SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Phase 10 SL</p> <p>4:00 Mass CH</p>	
<p>9:30 Sunshine Salutations</p> <p>10:00 Stream Church NL</p> <p>11:00 Skip-Bo SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Brain Games MC</p> <p>3:00 Word of Faith CH</p>	<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Memory Lane NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 St. Paddy's Fun NL</p> <p>2:30 Mass CH</p> <p>3:30 Word Games SL</p> <p>St. Patrick's Day</p>	<p>9:30 Coffee &amp; Chats</p> <p>10:00 Nature Watch NL</p> <p>11:00 Tender Heart Trivia SL</p> <p>1:30 Puzzles NL</p> <p>2:00 Food Forum MDR</p> <p>3:30 Devotions SL</p> <p>World Social Work Day</p>	<p>9:30 Breakfast Banter</p> <p>10:00 4-Leaf Fellowship NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 This or That NL</p> <p>2:00 Puzzles NL</p> <p>3:00 Creativity Workshop SL</p>	<p>9:30 Sunshine Salutations</p> <p>10:00 Checkers NL</p> <p>11:00 Trivia NL</p> <p>1:30 Walk &amp; Talk AL/MC</p> <p>2:00 Wine &amp; Cheese feat. Music w/ Jacob MDR</p> <p>3:30 This or That SL</p> <p>Spring Begins</p>	<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Heartfelt Hangouts NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Bingo SL</p> <p>4:00 Coloring w/Friends NL</p>	<p>9:30 Coffee &amp; Chats</p> <p>10:00 Current Events MC</p> <p>11:00 Skip-Bo SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Polish Me Lovely</p> <p>4:00 Mass CH</p> <p>Tuskegee Airmen Ann.</p>	
<p>9:30 Breakfast Banter</p> <p>10:00 Stream Church NL</p> <p>11:00 Phase 10 SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Movie Matinee SL</p> <p>4:00 Walk &amp; Talk MC</p>	<p>9:30 Sunshine Salutations</p> <p>10:00 Coloring w/Friends NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Would You Rather NL</p> <p>2:30 Mass CH</p> <p>3:30 You Be the Judge SL</p>	<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Hand Massage NL</p> <p>11:00 Tender Heart Trivia SL</p> <p>1:30 Walk &amp; Talk AL/MC</p> <p>2:00 Coloring with Friends NL</p> <p>3:00 Chuck &amp; Friends SL</p>	<p>9:30 Coffee &amp; Chats</p> <p>10:00 Musical Moods NL</p> <p>11:00 Activities Meeting SL</p> <p>1:30 Bird Watching NL</p> <p>2:00 Bingo</p> <p>4:00 Brain Games</p> <p>"Giving Day" ARC</p>	<p>9:30 Breakfast Banter</p> <p>10:00 Memory Lane NL</p> <p>11:00 Trivia NL</p> <p>1:30 Indoor Corn Hole</p> <p>2:30 Birthday Party MDR</p> <p>4:00 Library Visit NL</p>	<p>9:30 Sunshine Salutations</p> <p>10:00 Nature Watch NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Bird Watching NL</p> <p>2:00 Salon Nail Spa</p> <p>4:00 Reminisce NL</p>	<p>9:30 Rise &amp; Shine Rounds</p> <p>10:00 Current Events MC</p> <p>11:00 Famous Faces SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Phase 10 SL</p> <p>4:00 Mass CH</p> <p>Vietnam War Veterans Day</p>	
<p>9:30 Coffee &amp; Chats</p> <p>10:00 Stream Church NL</p> <p>11:00 Skip-Bo SL</p> <p>1:30 TLC Sensory NL</p> <p>2:00 Movie Matinee SL</p> <p>4:00 Brain Games MC</p>	<p>9:30 Breakfast Banter</p> <p>10:00 Sunshine &amp; Stories NL</p> <p>11:00 Chair Exercise SL</p> <p>1:30 Puzzles NL</p> <p>2:30 Mass CH</p> <p>3:30 Reminisce SL</p> <p>Cesar Chavez Day</p>	<p><b>Room Key:</b></p> <p>Hollingshead – HH</p> <p>Chapel – CH</p> <p>Memory Care – MC</p> <p>Main Dining Room – MDR</p> <p>North Lounge – NL</p> <p>Sarah A. Lounge – SL</p>		<p>Brain Awareness Week (Mar. 10-16)</p> <p>American Red Cross Month</p> <p>Cerebral Palsy Awareness Month</p> <p>Multiple Sclerosis Awareness Month</p> <p>National Nutrition Month</p> <p>Women's History Month</p>	<p>Daylight Saving Time</p>		

ALL ACTIVITIES ARE SUBJECT TO CHANGE OR CANCELLATION