

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Chronicles & Greetings 10:30 Happy New Year Grateful Chat & Mimosas-SL 11:30 St. David's Carolers-AL/MC 12:00 New Year's Day Special Luncheon 1:30 Short Stories-MC 3:00 Apples to Apples-SL NFL Lions Regular Season: 1:00 Lions VS Bears-FOX <small>New Year's Day</small>	10:00 Chair Exercise-SL 11:30 Short Stories-MCH 1:30 New Year's Jokes and Giggles-SL 2:30 Mass w/ Fr. John-MC 4:00 Build a Puzzle -MC	10:00 Men's Group-Old Muscle Cars Discussion-SL 10:00 Nail Spa 11:00 Devotions w/ Shella-CH 1:30 Bingo-SL 2:30 Alphabet Game-MC 4:00 Afternoon Strolls to the Library-MC to L	10:00 Tender Hearts-MC 11:00 Tender Hearts-SL 1:30 TLC Sensory Group-NL 2:00 Balloon Volley-MC 3:30 Intergenerational Music Appreciation w/ U of D-SL	10:00 Tender Hearts-MC 11:00 Tender Heart-SL 1:30 Explore, Understand & Discuss Mindfulness-SL 2:30 Favorite Sing Along Songs-MC 3:30 Chicken Soup the Soul Stories-SL	10:00 Wilder Visits 10:30 Bingo-MC 1:30 TLC Sensory Group-NL 2:30 Trivia-SL 3:30 Leisurely Strolls and Sunroom Visits-MC	9:30 Chronicles & Greetings 10:30 Michael Kreeger Musical Entertainment-MDR 1:30 Movie Matinee' and Popcorn-AL/MC 4:00 Mass w/ Fr. John-CH
9:30 Chronicles & Greetings 10:30 Sunday Chit Chat & Hot Cocoa-MC 1:30 TLC Sensory Group-NL 2:30 Ty's Pamper Club-MC 3:30 Songs of the Year-SL NFL Lions Regular Season: TBD Lions VS Packers-FOX	10:00 Mass w/ Church of The Transfiguration-HH 11:00 Short Stories-L 1:30 Current Events-L 2:30 Mass w/ Fr. John-MC 3:30 Bowling-MC 7:30 National College Football Playoff Game (ESPN) Is U of M in????	10:00 Balloon Toss Volley-MC 11:00 Pray the Rosary w/ Susan-CH 1:30 Who Am I? -SL 2:30 Finish the Sentence-MC 3:30 Singalong w/ Chuck-MC	10:00 Tender Hearts-MC 10:00 Nail Spa-AL 11:00 Tender Hearts-SL 11:00 Nail Spa-MC 1:30 TLC Sensory Group-NL 2:00 Chair Exercise-MC 3:00 Wine & Cheese Social-MDR 4:00 Library Strolls-MC to L	10:00 Tender Hearts-MC 11:00 Tender Hearts-SL 1:30 Explore, Understand & Discuss Mindfulness-SL 2:30 Uno-MC 3:30 Favorite Sing Along Songs-MC	10:00 Wilder Visits 10:30 Bingo-SL 1:30 TLC Sensory Group-NL 2:30 Armchair Travel-MC 3:30 Intergenerational Music Appreciation w/ U of D-SL	9:30 Chronicles & Greetings 10:00 Bowling-MC 11:00 Uno-SL 1:30 Movie Matinee' and Popcorn-AL/MC 4:00 Mass w/ Fr. John-CH
9:30 Chronicles & Greetings 10:30 Sunday Chit Chat & Hot Cocoa-MC 1:30 TLC Sensory Group-NL 2:30 Creative Arts-MC 3:30 Hangman Challenge-SL	10:00 Watching MLK's Speech 'I Have A Dream'-MC 11:00 Celebrating & Remembering Martin Luther King Coffee Klatch-SL 1:00 2:30 Mass w/ Fr. John-MC 3:00 Vocalist Entertainer Marie Kravetz-DR <small>Martin Luther King Jr. Day</small>	10:00 Men's Group-Men's Choice!!-SL 10:00 Nail Spa 11:00 Devotions w/ Shella-CH 1:30 Bingo-SL 2:30 Penny Ante-MC 4:00 Afternoon Strolls to the Library-MC to L	10:00 Tender Hearts-MC 11:00 Tender Hearts-SL 1:30 TLC Sensory Group-NL 2:00 Balloon Volley-MC 3:30 Intergenerational Music Appreciation w/ U of D-SL	10:00 Tender Hearts-MC 11:00 Tender Hearts-SL 1:30 Nail Spa-AR 2:00 Favorite Sing Along Songs-MC 3:00 Culinary Corner-MDR 4:00 Apples to Apples-MC	10:00 Wilder Visits 10:30 Bingo-MC 1:30 TLC Sensory Group-NL 2:30 Name that 60's Tune-SL 3:30 Leisurely Strolls and Sunroom Visits-MC	9:30 Chronicles & Greetings 10:00 Bird Bingo-MC 11:00 Yahtzee-SL 1:30 Movie Matinee' and Popcorn-AL/MC 4:00 Mass w/ Fr. John-CH
9:30 Chronicles & Greetings 10:30 Hot Cocoa & Winter Memories-MC 1:30 TLC Sensory Group-NL 2:30 What's Your Chinese New Year's Sign & What Does it Mean??? -SL 4:00 Food Favorites This or That?-MC <small>Chinese New Year (Year of the Rabbit)</small>	10:00 Chair Exercise-SL 11:00 Short Stories-MC 12:00 Chinese New Year Special Luncheon 2:30 Mass w/ Fr. John-MC 3:30 Coffee Klatch & Current Events-SL <small>Activity Professionals Week</small>	10:00 Hand Massages-MC 10:30 Men's Coffee Klatch-AR 11:00 Pray the Rosary w/ Susan-CH 1:30 Who Am I? -SL 2:00 Balloon Toss-MC 3:30 Singalong w/ Chuck-MC	10:00 Tender Hearts-MC 10:00 Nail Spa-AL 11:00 Tender Hearts-SL 11:00 Nail Spa-MC 1:30 TLC Sensory Group-NL 2:00 Chair Exercise-MC 3:00 Wine & Cheese Social-MDR 4:00 Library Strolls-MC to L	10:00 Tender Hearts-MC 11:00 Tender Hearts-SL 1:30 Nail Spa-MC 2:00 Favorite Sing Along Songs-SL 3:30 Yahtzee-MC <small>Australia Day (observed)</small>	10:00 Wilder Visits 10:30 Bingo-SL 1:30 TLC Sensory Group-NL 2:30 Armchair Travel-MC 3:30 Intergenerational Music Appreciation w/ U of D-SL	9:30 Chronicles & Greetings 10:00 Ring Toss-MC 11:00 Uno-SL 1:30 Movie Matinee' and Popcorn-AL/MC 4:00 Mass w/ Fr. John-CH
9:30 Chronicles & Greetings 10:30 Hot Cocoa & Short Stories-MC 1:30 TLC Sensory Group-NL 2:30 Parachute Stretches & 50's Music-MC 4:00 Cranium Crunches-SL	10:00 Chair Exercises-SL 11:00 Favorite Foods This or That? -MC 1:30 Current Events-L 2:00 Men's Group Game-SL 2:30 Mass w/ Fr. John-MC 3:30 Strolls & Sunroom Visits	10:00 Creative Arts-MC 11:00 Devotions w/ Shella-CH 1:30 Bingo-SL 2:00 Lawrence Welk-MC 3:30 January Birthday Celebration/Bob Ridgeway to Entertain-MDR	<h1>January 2023</h1> <h2>Assisted Living & Memory Care Combined Activities</h2>			

**** Activities are subject to change...Please watch for daily activity sheets to note any changes****