


St. Anne's Mead ASSISTED LIVING February 2020 Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE.	<u>LOCATION CODES</u> ECU Extended Care Unit HHR Hollingshead Room CAS Creative Art Studio SL South Lounge NL North Lounge MDR Main Dining Room MCH Memory Care Home FC Fountain Courtyard KC Kass Courtyard FP Flag Pole					10:30 ARTS & CRAFTS (CAS) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)
2 <u>GROUNDHOG DAY</u> <u>SUPER BOWL SUNDAY</u> 9:00 MASS W/FATHER JOHN (CH) 11:30 REMINISCING (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 6:30 SUPER BOWL (NL)	3 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 CURRENT EVENTS SLIDE SHOW & DISCUSSION (NL) 3:30 SING ALONG W/ CHUCK (MDR)	4 10:00 AFRICAN AMERICAN HISTORY (NL) 11:00 LUTHERAN SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 RUMMY (CAS) 3:30 ENTERTAINMENT W/ BOB RIDGWAY (MCH) 7:00 MOVIE NIGHT (NL)	5 10:15 STRETCHING (NL) 11:30 REMINISCING (NL) 2:00 FEBRUARY BABIES (NL) 3:00 MASS W/FATHER JOHN (CH) 4:00 TENDERHEART VISIT (MCH)	6 9:30 -2:30 ART W/MARGARET (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 ALL ABOUT LEAP YEAR (NL) 3:00 MASS W/FATHER JOHN (CH) 4:00 WORD LADDER (NL)	7 9:30 MASS W/FATHER JOHN (CH) 10:30 RHYTHM TIME (NL) 11:30 TENDERHEART VISIT (MCH) 2:00 BOARD GAMES (CAS) 3:30 DOCUMENTARY (NL) 7:00 SWEET HOUR OF PRAYER (NL)	8 10:00 NAIL CARE W/JAN (CAS) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)
9 9:00 MASS W/FATHER JOHN (CH) 10:00 NAIL CARE W/JAN (CAS) 10:00 SENTIMENTAL JOURNEY (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 7:00 RHYTHM TIME (NL)	10 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 CURRENT EVENTS SLIDE SHOW & DISCUSSION (NL) 3:30 COOKING DEMONSTRATION (HHR)	11 10:00 ROMANCES TO REMEMBER (NL) 11:00 LUTHERAN SERVICE (CH) 11:30 EXERCISE W/ JIM (NL) 2:00 ARMCHAIR TRAVEL TO FRANCE (NL) 3:30 ENTERTAINMENT W/ CRAIG MARSDEN (MDR) 7:00 MOVIE NIGHT (NL)	12 10:15 STRETCHING (NL) 11:30 REMINISCING (NL) 12:30 TASTE OF FRANCE LUNCHEON 2:00 RUMMY (CAS) 3:00 MASS W/FATHER JOHN (CH) 4:00 TENDERHEART VISIT (MCH)	13 9:30 -2:30 ART W/MARGARET (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 ROSARY (CH) 3:00 MASS W/FATHER JOHN (CH) 4:00 FRENCH TRIVIA (NL)	14 <u>VALENTINE'S DAY</u> 9:30 MASS W/FATHER JOHN (CH) 11:30 TENDERHEART VISIT (MCH) 2:00 BOARD GAMES (CAS) 3:30 FRENCH INSPIRED VALENTINE'S DAY PARTY (MDR)	15 10:30 ARTS & CRAFTS (CAS) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)
16 9:00 MASS W/FATHER JOHN (CH) 11:30 REMINISCING (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL)	17 <u>PRESIDENT'S DAY</u> 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 CURRENT EVENTS SLIDE SHOW & DISCUSSION (NL) 3:30 PRESIDENTS' DAY TRIVIA (NL)	18 10:00 TRAVELING THE UNDERGROUND RAILROAD (NL) 11:00 LUTHERAN SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 RUMMY (CAS) 3:30 SING ALONG W/ CHUCK (MCH) 7:00 MOVIE NIGHT (NL)	19 10:00 AFRICAN AMERICAN FOLK TALES W/ ROSIE CHAPMAN (MDR) 11:30 REMINISCING (NL) 2:00 A MY NAME IS... (CAS) 3:00 MASS W/FATHER JOHN (CH) 4:00 TENDERHEART VISIT (MCH)	20 9:30 KINDNESS HEART COLLABORATIVE ART (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 ROSARY (CH) 3:00 MASS W/FATHER JOHN (CH) 4:00 RHYMING RIDDLES (NL)	21 9:30 MASS W/FATHER JOHN (CH) 10:30 RHYTHM TIME (NL) 11:30 TENDERHEART VISIT (MCH) 2:00 BOARD GAMES (CAS) 3:30 NEW RESIDENT WELCOME HAPPY HOUR (MDR) 7:00 SWEET HOUR OF PRAYER (NL)	22 10:00 NAIL CARE W/JAN (CAS) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)
23 9:00 MASS W/FATHER JOHN (CH) 10:00 NAIL CARE W/JAN (CAS) 10:00 SENTIMENTAL JOURNEY (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL)	24 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 CURRENT EVENTS SLIDE SHOW & DISCUSSION (NL) 3:30 ZUMBO'S JUST DESSERTS BAKING SHOW (NL)	25 10:00 MUSIC INSPIRED BY THE CIVIL RIGHTS MOVEMENT (NL) 11:00 LUTHERAN SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 BIRTHDAY PARTY & ENTERTAINMENT W/ MARIE KRAVETZ (MDR) 3:30 RUMMY (CAS) 7:00 MOVIE NIGHT (NL)	26 <u>ASH WEDNESDAY</u> 10:15 STRETCHING (NL) 11:30 REMINISCING (NL) 2:00 MASS W/FATHER JOHN (CH) 3:00 VEGETARIAN ENTRÉE COOK-OFF (MDR) 4:00 TENDERHEART VISIT (MCH)	27 9:30 LEAPING BUNNY DRAWING (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 ROSARY (CH) 3:00 MASS W/FATHER JOHN (CH) 4:00 THE WRITE WORD (NL)	28 9:30 MASS W/FATHER JOHN (CH) 11:30 TENDERHEART VISIT (MCH) 2:00 BOARD GAMES (CAS) 3:30 TUSKEGEE AIRMEN DOCUMENTARY (NL)	29 10:30 ARTS & CRAFTS (CAS) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)