


# St. Anne's Mead NURSING January 2020 Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE.</b>	<p style="text-align: center;"><u>LOCATION CODES</u></p> <p>ECU Extended Care Unit                      HHR Hollingshead Room                      CAS Creative Art Studio                      SL South Lounge                      NL North Lounge                      MDR Main Dining Room                      MCH Memory Care Home                      FC Fountain Courtyard                      KC Kass Courtyard                      FP Flag Pole</p>		<p style="text-align: right;">1</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:00 HAND MASSAGE (ECU)                      10:15 STRETCHING (NL)                      11:30 WHAT'S NEW FOR THE NEW YEAR (NL)                      2:00 JANUARY FLASHBACK TRIVIA (NL)                      3:00 SNACK SOCIAL (ECU)</p>	<p style="text-align: right;">2</p> <p>9:30 -2:30 ART W/MARGARET (CAS)                      10:00 NOODLE BALL (ECU)                      11:00 THIS OR THAT (ECU)                      11:30 EXERCISE W/JIM (NL)                      2:00 ROSARY (CH)                      2:00 ONE ON ONES (ECU)                      3:00 MASS W/FATHER JOHN (CH)                      4:00 RESIDENT'S CHOICE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">3</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 RHYTHM TIME (NL)                      11:30 TENDERHEART VISIT (MCH)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 TEA &amp; TALK (ECU)                      3:30 DOCUMENTARY (NL)                      7:00 SWEET HOUR OF PRAYER (NL)</p>	<p style="text-align: right;">4</p> <p>9:30 SING ALONG (ECU)                      10:30 ARTS &amp; CRAFTS (CAS)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 CLASSIC TV SHOWS (NL)                      3:30 SNACK SOCIAL (ECU)                      5:00 CATHOLIC MASS (HHR)                      7:00 MOVIE NIGHT (NL)</p>
<p style="text-align: right;">5</p> <p>9:00 MASS W/FATHER JOHN (CH)                      10:00 SING ALONG (ECU)                      11:30 REMINISCING (NL)                      2:00 BINGO (CAS)                      2:00 SENTIMENTAL JOURNEY (ECU)                      3:30 NOODLE BALL (ECU)                      3:30 CLASSIC TV SHOWS (NL)                      7:00 RYTHYM TIME (NL)</p>	<p style="text-align: right;">6</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 FIVE CLUE WHAT IS IT (ECU)                      11:30 EXERCISE (NL)                      2:00 CURRENT EVENTS SLIDE SHOW &amp; DISCUSSION (NL)                      2:00 MUSIC APPRECIATION (ECU)                      3:30 SING ALONG W/ CHUCK (MDR)                      5:00 PIANO MUSIC W/ ROYCE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">7</p> <p>10:00 MASS W/FR JOHN (ECU)                      10:00 GUESS THE JANUARY BABY (NL)                      11:00 LUTHERAN SERVICE (CH)                      11:30 EXERCISE W/JIM (NL)                      2:00 MUSICAL ENTERTAINMENT W/ DANIEL BRYSON (NL)                      3:30 RUMMY (CAS)                      3:30 ONE ON ONES (ECU)                      7:00 MOVIE NIGHT (NL)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">8</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:00 HAND MASSAGE (ECU)                      10:15 STRETCHING (NL)                      11:30 REMINISCING (NL)                      2:00 BOGGLE (CAS)                      2:00 ONE ON ONES (ECU)                      3:00 ELVIS'S BIRTHDAY PARTY (MDR)                      4:00 TENDERHEART VISIT (MCH)                      4:00 SING &amp; DANCE ALONG TO ELLA FITZGERALD (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">9</p> <p>9:30 -2:30 ART W/MARGARET (CAS)                      10:00 TARGET TOSS (ECU)                      11:00 FINISH THE PHRASE (ECU)                      11:30 EXERCISE W/JIM (NL)                      2:00 ROSARY (CH)                      2:00 ONE ON ONES (ECU)                      3:00 MASS W/FATHER JOHN (CH)                      4:00 RESIDENT'S CHOICE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">10</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 PICTURE THIS (ECU)                      11:30 EXERCISE (NL)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 SNOWBALL SOCIAL (MDR)                      3:30 DOCUMENTARY (NL)                      7:00 WHEELWATCHERS (ECU)</p>	<p style="text-align: right;">11</p> <p>9:30 SING ALONG (ECU)                      10:00 NAIL CARE W/JAN (CAS)                      11:30 EXERCISE (NL)                      2:00 BINGO (CAS)                      2:00 CLASSICAL MUSIC APPRECIATION (ECU)                      3:30 50'S TV PRESENTATION (NL)                      5:00 CATHOLIC MASS (HHR)                      7:00 MOVIE NIGHT(NL)</p>
<p style="text-align: right;">12</p> <p>9:00 MASS W/FATHER JOHN (CH)                      9:30 SING ALONG (ECU)                      10:00 NAIL CARE W/JAN (MCH)                      10:00 SENTIMENTAL JOURNEY (NL)                      2:00 BINGO (CAS)                      2:00 SENTIMENTAL JOURNEY (ECU)                      3:30 CLASSIC TV SHOWS (NL)                      3:30 BALLOON VOLLEYBALL (ECU)</p>	<p style="text-align: right;">13</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 POPULAR PROVERBS (ECU)                      11:30 EXERCISE (NL)                      2:00 CURRENT EVENTS SLIDE SHOW &amp; DISCUSSION (NL)                      2:00 MOVIE MATINEE (ECU)                      3:30 COOKING DEMONSTRATION (HHR)                      5:00 PIANO MUSIC W/ ROYCE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">14</p> <p>10:00 MASS W/FR JOHN (ECU)                      10:00 JOLTIN JOE &amp; MARILYN (NL)                      11:00 LUTHERAN SERVICE (CH)                      11:30 EXERCISE W/JIM (NL)                      2:00 ARMCHAIR TRAVEL TO ITALY (NL)                      3:30 RUMMY (CAS)                      3:30 ONE ON ONES (ECU)                      7:00 MOVIE NIGHT (NL)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">15</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:00 HAND MASSAGE (ECU)                      10:15 STRETCHING (NL)                      12:30 PIZZA PARTY                      2:00 ALPHABET PROFESSION GAME (NL)                      2:00 ONE ON ONES (ECU)                      3:00 SNACK SOCIAL (ECU)                      4:00 TENDERHEART VISIT (MCH)                      4:00 SING &amp; DANCE ALONG TO THE MERRY MACS (ECU)                      7:00 WHEELWATCHERS (ECU)</p>	<p style="text-align: right;">16</p> <p>9:30 -2:30 ART W/MARGARET (CAS)                      10:00 PENNY ANTE (ECU)                      11:00 BALLOON VOLLEYBALL (ECU)                      11:30 EXERCISE W/JIM (NL)                      2:00 ROSARY (CH)                      2:00 ONE ON ONES (ECU)                      3:00 TARGET TOSS (ECU)                      3:00 MASS W/FATHER JOHN (CH)                      4:00 ITALIAN TRIVIA (NL)                      7:00 WHEELWATCHERS (ECU)</p>	<p style="text-align: right;">17</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 RHYTHM TIME (NL)                      11:30 TENDERHEART VISIT (MCH)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 ENTERTAINMENT W/ JOEL PALMER (MDR)                      7:00 WHEELWATCHERS (ECU)</p>	<p style="text-align: right;">18</p> <p>9:30 SING ALONG (ECU)                      10:30 ARTS &amp; CRAFTS (CAS)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 CLASSIC TV SHOWS (NL)                      3:30 SNACK SOCIAL (ECU)                      5:00 CATHOLIC MASS (HHR)                      7:00 MOVIE NIGHT (NL)</p>
<p style="text-align: right;">19</p> <p>9:00 MASS W/FATHER JOHN (CH)                      10:00 SING ALONG (ECU)                      11:30 REMINISCING (NL)                      2:00 BINGO (CAS)                      2:00 SENTIMENTAL JOURNEY (ECU)                      3:30 NOODLE BALL (ECU)                      3:30 CLASSIC TV SHOWS (NL)</p>	<p style="text-align: right;">20</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 JANUARY TRIVIA (ECU)                      11:30 EXERCISE (NL)                      2:00 CURRENT EVENTS SLIDE SHOW &amp; DISCUSSION (NL)                      2:00 MOVIE MATINEE (ECU)                      3:30 DR. KING QUOTES (NL)                      5:00 PIANO MUSIC W/ ROYCE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">21</p> <p>10:00 MASS W/FR JOHN (ECU)                      10:00 J WORK TRIVIA (NL)                      11:00 LUTHERAN SERVICE (CH)                      11:30 EXERCISE W/JIM (NL)                      2:00 RUMMY (CAS)                      2:00 ONE ON ONES (ECU)                      3:30 SING ALONG W/ CHUCK (MCH)                      7:00 MOVIE NIGHT (NL)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">22</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:00 HAND MASSAGE (ECU)                      10:15 STRETCHING (NL)                      11:30 REMINISCING (NL)                      2:00 RESIDENT &amp; STAFF CHALLENGE (MDR)                      3:00 SNACK SOCIAL (ECU)                      4:00 TENDERHEART VISIT (MCH)                      4:00 SING &amp; DANCE ALONG TO PERRY COMO (ECU)                      7:00 WHEELWATCHERS (ECU)</p>	<p style="text-align: right;">23</p> <p>9:30 -2:30 ART W/MARGARET (CAS)                      10:00 ORANGE YOU GLAD? (ECU)                      11:00 GIANT RING TOSS (ECU)                      11:30 EXERCISE W/JIM (NL)                      2:00 ROSARY (CH)                      3:00 MASS W/FATHER JOHN (CH)                      4:00 RESIDENT'S CHOICE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">24</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 THE WONDERS OF WINTER (ECU)                      11:30 EXERCISE (NL)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 NEW RESIDENT WELCOME HAPPY HOUR (MDR)                      7:00 WHEELWATCHERS (ECU)</p>	<p style="text-align: right;">25</p> <p>9:30 SING ALONG (ECU)                      10:00 NAIL CARE W/JAN (CAS)                      11:30 EXERCISE (NL)                      2:00 BINGO (CAS)                      2:00 CLASSICAL MUSIC APPRECIATION (ECU)                      3:30 CLASSIC TV SHOWS (NL)                      3:30 FORTUNE COOKIE SOCIAL (ECU)                      5:00 CATHOLIC MASS (HHR)                      7:00 MOVIE NIGHT(NL)</p>
<p style="text-align: right;">26</p> <p>9:00 MASS W/FATHER JOHN (CH)                      9:30 SING ALONG (ECU)                      10:00 NAIL CARE W/JAN (MCH)                      10:00 SENTIMENTAL JOURNEY (NL)                      2:00 BINGO (CAS)                      2:00 SENTIMENTAL JOURNEY (ECU)                      3:30 CLASSIC TV SHOWS (NL)                      3:30 BALLOON VOLLEYBALL (ECU)                      6:00 RYTHYM TIME (ECU)</p>	<p style="text-align: right;">27</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 REMEMBERING TEXAS IN SONG (ECU)                      11:30 EXERCISE (NL)                      2:00 CURRENT EVENTS SLIDE SHOW &amp; DISCUSSION (NL)                      2:00 MOVIE MATINEE (ECU)                      3:30 MICHIGAN DAY TRIVIA (MDR)                      5:00 PIANO MUSIC W/ ROYCE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">28</p> <p>10:00 MASS W/FR JOHN (ECU)                      10:00 CHINESE NEW YEAR (NL)                      11:00 LUTHERAN SERVICE (CH)                      11:30 EXERCISE W/JIM (NL)                      2:00 CHINESE NEW YEAR (NL)                      2:00 ONE ON ONES (ECU)                      3:30 TEA &amp; TALK (ECU)                      3:30 RUMMY (CAS)                      7:00 MOVIE NIGHT (NL)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">29</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:00 HAND MASSAGE (ECU)                      10:15 STRETCHING (NL)                      11:30 REMINISCING (NL)                      2:00 NAME A...(NL)                      2:00 FRIENDSHIP TABLE (ECU)                      3:00 SNACK SOCIAL (ECU)                      4:00 TENDERHEART VISIT (MCH)                      4:00 SING &amp; DANCE ALONG TO BILLIE HOLIDAY (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">30</p> <p>9:30 -2:30 ART W/MARGARET (CAS)                      10:00 TARGET TOSS (ECU)                      11:00 FINISH THE PHRASE (ECU)                      11:30 EXERCISE W/JIM (NL)                      2:00 ROSARY (CH)                      2:00 ONE ON ONES (ECU)                      3:00 MASS W/FATHER JOHN (CH)                      4:00 RESIDENT'S CHOICE (ECU)                      7:00 WHEEL WATCHERS (ECU)</p>	<p style="text-align: right;">31</p> <p>9:30 MASS W/FATHER JOHN (CH)                      10:30 THE GOOD OLD DAYS (ECU)                      11:30 EXERCISE (NL)                      2:00 BINGO (CAS)                      2:00 MOVIE MATINEE (ECU)                      3:30 BIRTHDAY PARTY &amp; ENTERTAINMENT W/ CHRISTINE SCHINKER (MDR)                      7:00 WHEELWATCHERS (ECU)</p>	