


ST. ANNES MEAD MEMORY CARE HOME MAY LIFE ENRICHMENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION CODES ECU Extended Care Unit HHR Hollingshead Room CAS Creative Art Studio SL South Lounge NL North Loung MDR Main Dining Room	ACTIVITIES AND SPECIAL EVENTS ARE SUBJECT TO CHANGE.		1 8:30 DAILY REFLECTIONS W/ FR JOHN 8:30 BREAKFAST 9:30 COFFEE & NEWS 10:30 CHIT CHAT 11:45 EXERCISE W/ SHARON 12:30 LUNCH 2:00 SPORTS GAMES 3:00 SNACK TIME 4:00 TENDERHEART 5:00 WORDS STARTING W/ HAND 6:00 DINNER 7:00 WIND DOWN HOUR	2 8:30 BREAKFAST 9:30-2:30 ART W/ MARGARET 10:30 EXERCISE 11:30 CHUG & CHAT 12:30 LUNCH 2:00 ROSARY 3:00 SNACK TIME 4:00 FLICKIN CHICKEN 5:00 BRAIN GAMES 6:00 DINNER 7:00 EVENING MEDITATION	3 8:30 DAILY REFLECTIONS W/ FR JOHN 8:30 BREAKFAST 9:30 COFFEE & NEWS 10:30 RHYTHM TIME (NL) 11:30 TENDERHEART (CAS) 12:30 LUNCH 2:00 EXERCISE 3:00 SNACK TIME 3:30 ENTERTAINMENT W/ JOEL PALMER 4:00 SPORTS GAMES 5:00 CATEGORIES 6:00 DINNER 7:00 WIND DOWN HOUR	4 8:30 BREAKFAST 9:30 COFFEE & NEWS 10:30 EXERCISE 11:30 CHUG & CHAT 12:30 MOTHER'S DAY LUNCHEON 2:00 CREATIVE EXPRESSIONS 3:00 SNACK TIME 4:00 SPORTS GAMES 5:00 CATHOLIC MASS (HHR) 5:00 BRAIN GAMES 6:00 DINNER 7:00 MUSIC APPRECIATION
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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