

# The Meadian



*An e-newsletter published periodically for families, friends and residents of St. Anne's Mead*

JULY 8, 2014

## **Up North, Right Here, Very Soon!**

***Interior Makeover Will Create a Refreshing 'Cottage Look'***



Interior Designer Shirley Maddalena

Around St. Anne's Mead things will soon begin changing very rapidly as the first phase of a whole-facility makeover gets under way.

Interior designer Shirley Maddalena has come up with a totally unique look for St. Anne's Mead. Her "cottage" style treatment takes into account the building as it currently exists, our mission and our new vision, and makes a bold statement about our uniqueness and market niche in comparison to our competitors," says Jane Collins, Executive Director.



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“We decided to take a giant step forward using strong eye-appeal and a theme that is Pure Michigan. The makeover will set us apart and it will help enrich the day-to-day lives of our residents,” says Jane.

The refreshment will embellish the notion of cottage life through color scheme, choice of textiles and visual cues of Up-North living.

The cottage or vacation home theme will begin at the front door and continue through the foyer or airlock, the entryway hall, the Welcome Center, the Dining Room, and eventually it will include a model apartment that will promote higher-end furnishings that can be tailored to an individual’s taste.



Fred Capaldi and Steve Ardlean, owner of Distinctive Design, measure walls for the new wainscoting in the main hallway.

[View our videos on YouTube](#)

“We will begin with a redo of the front entrance, replacing the commercial looking aluminum doors with double French style doors that will have a very accommodating six-foot wide opening. Deliveries and residential move ins will be relocated to another entrance,” says Shirley.

“The new lobby will evoke memories of a front porch overlooking a lake, an effect that will be enhanced by a large photo-mural of a pond with water lilies, forests, a setting -- or rising -- sun, and a two-seat wicker sofa in front of the wide window that looks into the hallway. The window will be accented with wooden shutters that typically adorn summer homes.

“Inside the hallway, we will add wainscoting and bead board to help carry the cottage design into the facility. This look will be repeated in the Welcome Center and extend into the Dining Room which will have new carpeting in sea grass green and pottery red color and will be accented by new window treatments.

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“Oversized photos of Northern Michigan scenes such as dunes, lighthouses, and barns will replace the traditionally framed pictures and complete the outdoor feel,” says Shirley.

Shirley owns Maddalena Design Ltd. She has provided services for commercial and residential clients here and internationally including many upscale homes in Bloomfield Township. Her reputation is based on her ability to combine artistry with practicality and envisioning more than color coordinated walls and carpeting.

***When you're through changing, you're through."***  
**-- Bruce Barton (1886-1967),**  
**American Congressman and ad man extraordinaire**



## ***Worth Repeating***

### **Here's what they are saying about St. Anne's Mead**

*“My mother moved to St. Anne's Mead in 2011, following a rehab stay. One of the most important things to me is that now I feel secure knowing she is safe every night. When she lived at home by herself, I would worry about her, every time I left. I feel so much better now, that I don't worry about whether she's going to be OK, because I know she will be OK. The staff are nice. They're polite. They take very good care of her. It's a great place to live and a very comfortable place to visit.”*

-- David Mazur, son of resident Estelle Mazur

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## Senior Tips

The meaning of our lives, our joys, and what we do at work, at home or on vacation will change over time. If you or your parent are finding more and more “time off” from your routines, but not sure how to fill it, here are some tips that will help lift your spirits:

- Pick up a long-neglected hobby or try a new one, like painting or clay sculpture.
- Play with your grandchildren, nieces, nephews, or a favorite pet.
- Learn something challenging such as an instrument, a foreign language, or a game like chess.
- Take a class or join a social club. Many activities are free and offer fun and new friends.
- Travel somewhere new or go on a weekend trip, even if only to a nearby lake.
- Spend time in nature. Take a scenic hike, go fishing or camping, or enjoy a boat ride.
- Enjoy the arts. Lots of good local museums, concerts and plays...or even a movie.
- Write about your life experiences or help a parent write theirs.

-- Shawn Brooklier, Social Worker, St. Anne's Mead



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### Stay Connected



### Our Mission

St. Anne's Mead mission is to provide compassionate and professional health care and supportive services to seniors in a safe, secure, and loving home.

In keeping with our faith-based traditions, we endeavor to serve the unique needs of individuals and their families while preserving dignity and enriching lives.

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