

The Meadian



A newsletter published periodically for families, friends and residents of St. Anne's Mead

DECEMBER 8, 2014

Ribbon Cutting Ends Phase One

Dignitaries, staff and residents celebrate the new look

Officials and residents gathered on November 20th, to celebrate the official end of the Phase One modernization of St. Anne's Mead's interior. Upgrades to the overhead lighting, and completion of the makeovers of the Welcome Center and entrance foyer, were completed only 24 hours before the event. This marks the beginning of Phase Two which will include continuing improvements in the hallways and the Extended Care Unit.

See the Changes

For a short video that shows and explains the project, please go to the YouTube link: [Interior Upgrade](#)



From left to right, Sen. Vincent Gregory, interior designer Shirley Maddalena, Board President Fred Capaldi, Executive Director Jane Collins, photographer Monte Nagler, Facilities Engineer Chris Stone, and Resident Council President Joe Bassett.

Worth Repeating

Here's what they're saying about St. Anne's Mead:

In the OVERHEARD department, many attendees of the annual Candlelight Dinner on Dec. 4, were quick to praise Chef Preston Hill's menu, especially the unusual salad that accompanied his fabulous entrée. So, for the benefit of those who would want to recreate the dish, we twisted Preston's arm and he gave up his recipe. You can copy it from our Facebook page at SALAD RECIPE.

Gail Schwartz, wife of resident Ken Schwartz, had this to say about the Candlelight event, "It was the most organized, delicious, loving meal and evening I've ever had." Many similar comments were heard throughout the evening.



Making a Joyful Noise

The Twelfth Night Singers, a local group that provides choral entertainment in a Renaissance style, performed a variety of a cappella holiday songs to help spread good tidings and cheer during the annual Candlelight Dinner on December 4th.

Event Photos on Facebook

For a roundup of family photos from the beautiful event, please visit our event album on our Facebook page, and while you're at it, look around the site. We will be adding to the content on a regular basis, and we welcome any feedback that will help improve the content and your use of the page.



Senior Tips

Help Conjure Sweet Memories of Dancing Sugar Plums

Holidays should be merry and bright but as one ages, memory loss can turn an occasion to celebrate into an anxious time. Here are some tips when visiting an older relative with memory loss to help them recall good family times.

- ◆ Share a family photo album, slides or videotapes to help stimulate memories and encourage him or her to share stories and experiences. One happy memory may lead to another.
- ◆ Remind relatives and friends not to ask questions like, "Don't you remember who Alice is, Dad?"
- ◆ Instead, use short simple statements like, "This is your granddaughter Alice, Dad."
- ◆ Play once favorite holiday tunes, or bake an apple pie. Music and aroma often stir up memories when words do not.

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Our Mission

St. Anne's Mead mission is to provide compassionate and professional health care and supportive services to seniors in a safe, secure, and loving home.

In keeping with our faith-based traditions, we endeavor to serve the unique needs of individuals and their families while preserving dignity and enriching lives.

