

50 the Meadian

*A newsletter published periodically for families, friends and residents of St. Anne's Mead
Celebrating 50 Years of Providing Loving Care*

AUGUST 11, 2016

HOMECOMING

St. Anne's Mead at 50

At right, the American Grille tent provided relief from the hot sun and above 90 temperatures. Below, at left, Executive Director Jane Collins accepts a proclamation from the State of Michigan. In center, kids try their luck on the midway, and at right, dance partners Bob and Louise show how to be cool doing a hot jitterbug. At bottom, classic car owners display a few hoods from the 'hood, and Chef Preston Hill demonstrates a proper burger flip.



Anniversary events celebrate our legacy, reality, future

For the past year or so, St. Anne's Mead has been planning to celebrate its Golden Anniversary with two big events: A Homecoming Party on July 23 for residents, friends, families and neighbors in nearby communities, and a Benefit Gala Dinner on Oct. 15, at Plum Hollow Country Club.

On July 23, despite heat and sun, there was something for everyone. A show of classic cars, hours of songs and dance, food for every taste, and a bright and bouncy midway for kids seemed to please just about everyone. More than 350 people were counted spread across most of our grounds. There was shelter from the sun in the gazebo, under the canvas tents, and inside at a cooling station. It was all free, of course, thanks to our sponsors: Beverage Warehouse, Carnival Bounce, Comcast, The Gentlemen Songsters, Rental World, Southfield Parks & Recreation, St. David's Episcopal Church, TRU Design & Marketing, and Unidine Corporation.

Meanwhile, event planners have been meeting and fine tuning the activities that will comprise the Gala anniversary dinner. Salvador Salort-Pons, new director of the Detroit Institute of Arts, will deliver the keynote speech. He will explain how the world-renowned museum is integrating into the communities it serves. The event which also will feature a silent auction, will officially kick off a Capital Campaign to help fund the creation of a full-service Memory Care Unit.

To order tickets, call 248-557-1221, or go online at www.stannesmead.org.

MIND AWARENESS PROGRAM BOOSTS MEMORY SKILLS

Just like we make time to go to the gym or do other workouts to strengthen our muscles, we also need to give our brains regular exercise in order to optimize our cognitive abilities. The only difference is, no workout clothes required! The "Mind Aerobics" program is for everyone, regardless of their cognitive level. The curriculum is based on the concept of neuroplasticity, which refers to our brains' ability to create new neural connections, regardless of age. There are four different class levels. All classes meet twice a week for an hour, for 12 weeks.

For more in-depth information on these sessions, please call Angela Popoff, Mind University Coordinator, Jewish Family Services, at 248.592.2671 or go online at www.jvsdet.org/assets/documents/mind-university.pdf.

Worth Repeating

Here's what they're saying about St. Anne's Mead

St. Anne's Mead is a wonderful organization that deserves to be emulated in other communities and whose staff has gone through in-depth training to create their Life Enrichment Program. They are committed to providing the very best senior care available. They firmly believe their bottom line is not their top priority.

-- Special Tribute, State of Michigan

STAY CONNECTED



Be sure to check our Facebook page for photos, videos and comments.

CONTACT

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Our Mission

St. Anne's Mead mission is to provide compassionate and professional health care and supportive services to seniors in a safe, secure, and loving home.

In keeping with our faith-based traditions, we endeavor to serve the unique needs of individuals and their families while preserving dignity and enriching lives.