

The Meadian



An e-newsletter published periodically for families, friends and residents of St. Anne's Mead

APRIL 17, 2014

Interior Motives

Refreshment of public spaces at St. Anne's Mead to begin

Spring is the traditional time for change and renewal. While it was somewhat delayed this year -- it was a record winter in Southeastern Michigan -- things are beginning to pop. What was dormant and resting is ready to bloom again. What is significant this year is that plans are budding for a makeover of the St. Anne's Mead building. Initially, changes will be modest, starting with key "first impression" areas, namely new paint and carpeting for the foyer, a makeover of the entrance hall and Welcome Center, and a new motif for the dining room, says Jane Collins, Executive Director.

More extensive improvements are being discussed, and will be announced as plans are finalized, she says. "In the short term, the refreshment will satisfy new residents expecting a more modern interior yet we will be careful to preserve the feeling of home that is so pleasing to our residents," says Jane. For this project, St. Anne's Mead is working with Shirley Maddalena, one of Michigan's most prominent interior designers and owner of Maddalena Design, in business for more than 30 years.

Senior Tips

Shedding light on the brightness of replacement bulbs

Did you know that 40w and 60w incandescent light bulbs -- the kind you grew up with -- can no longer be manufactured? While the current supply will last a while, in switching to a new Compact Fluorescent Lightbulb (CFL) or Light Emitting Diode (LED) replacement, be aware that brightness is now being indicated in units of lumens.



Wattage will be shown but that indicates only the amount of energy used. A new 26w CFL will provide the equivalent light output of a 100w incandescent bulb yet will consume 75% less energy. However, fluorescent bulbs tend to emit bluer light, so choose a bulb that says "soft white" to more closely match the warmer color of incandescent bulbs.

To help failing eyesight, don't use anything less than a 26 watt CFL for reading. A 10w or 13w CFL would be bright enough for getting from room to room but not for illuminating books or work tables.



Nurse Kellie Kent

She's leaving St. Anne's Mead to move 'back home' to East Lansing

Her smile can melt a stubborn heart.

The kind and friendly personality that Kellie Kent has brought to her nursing job every day will be missed by colleagues and residents once the Assistant Director of Nursing moves to East Lansing in June. She will join her husband who has taken a job in the General Counsel's Office at Michigan State University. He began work in January. Having grown up in East Lansing -- her parents still live there -- Kellie says she is "going home." She is grateful for the additional time she will have to spend with her family.



Kellie has called St. Anne's Mead home for more than two and a half years, according to Susan Vosburgh, Director of Nursing. Susan says Kellie has been a dedicated and tireless nurse and a supportive team member. "Kellie's gentle spirit is an example to all," says Susan.

St. Anne's Mead will honor Kellie with a reception in May.

Worth Repeating

Here's what they are saying about St. Anne's Mead

"I know I could never find another place that would be as nice as St. Anne's. I feel so at home here; I can do just what I want to do. And, I am so thankful that I wasn't in my own home this winter. I'm very happy here. I couldn't like it any more than I do!"

-- Dorothy Bruder

Reel Time

Every Saturday, an encore screening of **Downton Abbey**, 7:00 p.m.

Season 1

April 19Episode 3

April 26Episode 4

May 3Episode 5



Invite the family to this Masterpiece presentation.

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Stay Connected



Our Mission

St. Anne's Mead mission is to provide compassionate and professional health care and supportive services to seniors in a safe, secure, and loving home.

In keeping with our faith-based traditions, we endeavor to serve the unique needs of individuals and their families while preserving dignity and enriching lives.