


St. Anne's Mead Assisted Living October 2018 Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 COOKING DEMONSTRATION (HHR)	2 10:00 CHURCH SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 DICE (CAS) 3:30 SING ALONG W/ CHUCK (MDR) 7:00 MOVIE NIGHT (NL)	3 9:30 MASS W/FATHER JOHN (CH) 10:15 STRETCHING (NL) 11:30 RESIDENT COUNCIL (SL) 2:00 BINGO (CAS) 4:00 TENDERHEART VISIT (CAS)	4 9:30 -12:30 ART W/MARGARET (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 RUMMY (SL) 3:00 MASS W/FATHER JOHN (CH) 4:00 WORD LADDER (SL)	5 9:30 MASS W/FATHER JOHN (CH) 10:30 RHYTHM TIME (NL) 11:30 TENDERHEART VISIT (CAS) 2:00 BINGO (CAS) 3:30 ARMCHAIR TRAVEL (NL) 7:00 SWEET HOUR OF PRAYER (NL)	6 10:30 SPICY TALK (NL) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (CAS) 4:00 NAIL CARE W/JAN (CAS) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT(NL)
7 9:00 CHURCH SERVICE (CH) 10:00 SENTIMENTAL JOURNEY (NL) 11:30 REMINISCING W/DARLENE & BOB (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL) 7:00 RHYTHM TIME (NL)	8 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 PUMPKIN DESSERT BAKE OFF (MDR)	9 10:00 CHURCH SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 DICE (CAS) 3:30 SING ALONG W/CHUCK (MCH) 7:00 MOVIE NIGHT (NL)	10 9:30 MASS W/FATHER JOHN (CH) 10:15 STRETCHING (NL) 11:30 REMINISCING (NL) 2:00 BINGO (CAS) 4:00 TENDERHEART VISIT (CAS)	11 9:30 -12:30 ART W/MARGARET (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 RUMMY (SL) 2:00 MEN'S MESS (NL) 3:00 MASS W/FATHER JOHN (CH) 4:00 WORD LADDER (SL)	12 9:30 MASS W/FATHER JOHN (CH) 10:30 FELLOWSHIP W/ELAINE (NL) 11:30 TENDERHEART VISIT (CAS) 2:00 BINGO (CAS) 3:30 ENTERTAINMENT W/ JAN THOMPSON (MDR)	13 10:30 ARTS & CRAFTS (CAS) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (CAS) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)
14 9:00 CHURCH SERVICE (CH) 10:00 SENTIMENTAL JOURNEY (NL) 10:00 NAIL CARE W/JAN (CAS) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL)	15 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 ENTERTAINMENT W/ JOEL PALMER (MCH)	16 10:00 CHURCH SERVICE (CH) 10:00 FALL COLOR TOUR OUTING 11:30 EXERCISE (NL) 2:00 AUTUMN ALPHABET CHALLENGE (NL) 3:30 DICE (CAS) 7:00 MOVIE NIGHT (NL)	17 9:30 MASS W/FATHER JOHN (CH) 10:15 STRETCHING (NL) 11:30 REMINISCING (NL) 2:00 BINGO (CAS) 4:00 TENDERHEART VISIT (CAS)	18 9:30 -12:30 ART W/MARGARET (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 RUMMY (SL) 3:00 MASS W/FATHER JOHN (CH) 4:00 RHYMING RIDDLES (SL)	19 9:30 MASS W/FATHER JOHN (CH) 10:30 RHYTHM TIME (NL) 11:30 TENDERHEART VISIT (CAS) 2:00 BINGO (CAS) 3:30 RESIDENT & STAFF CHALLENGE (MDR) 7:00 SWEET HOUR OF PRAYER (NL)	20 10:30 SPICY TALK (NL) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (CAS) 4:00 NAIL CARE W/JAN (CAS) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT(NL)
21 9:00 CHURCH SERVICE (CH) 10:00 SENTIMENTAL JOURNEY (NL) 11:30 REMINISCING W/DARLENE & BOB (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (CAS)	22 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 NATURE SHOWS (NL)	23 10:00 CHURCH SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 BUNCO (CAS) 3:30 BIRTHDAY PARTY & ENTERTAINMENT W/ CRAIG MARSDEN (MDR) 7:00 MOVIE NIGHT (NL)	24 9:30 MASS W/FATHER JOHN (CH) 10:15 STRETCHING (NL) 12:00 MEN'S LUNCHEON (HHR) 12:30 LADIES LUNCHEON (MDR) 2:00 BINGO (CAS) 4:00 TENDERHEART VISIT (CAS)	25 9:30 -12:30 ART W/MARGARET (CAS) 11:30 EXERCISE W/JIM (NL) 2:00 RUMMY (SL) 3:00 MASS W/FATHER JOHN (CH) 4:00 AUTUMN ALPHABET CHALLENGE (SL)	26 9:30 MASS W/FATHER JOHN (CH) 10:30 FELLOWSHIP W/ELAINE (NL) 11:30 TENDERHEART VISIT (CAS) 2:00 BINGO (CAS) 3:30 ARMCHAIR TRAVEL (NL)	27 10:30 ARTS & CRAFTS (CAS) 11:30 EXERCISE (NL) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (CAS) 5:00 CATHOLIC MASS (HHR) 7:00 MOVIE NIGHT (NL)
28 9:00 CHURCH SERVICE (CH) 10:00 SENTIMENTAL JOURNEY (NL) 10:00 NAIL CARE W/JAN (CAS) 2:00 BINGO (CAS) 3:30 CLASSIC TV SHOWS (NL)	29 9:30 MASS W/FATHER JOHN (CH) 11:30 EXERCISE (NL) 2:00 HALLOWEEN PARTY (HHR) 3:30 BINGO (CAS)	30 10:00 CHURCH SERVICE (CH) 11:30 EXERCISE W/JIM (NL) 2:00 VIDEO SLIDESHOW PRESENTATION (NL) 3:30 PUMPKIN PATCH WATERCOLOR ART PROJECT (CAS) 7:00 MOVIE NIGHT (NL)	31 9:30 MASS W/FATHER JOHN (CH) 10:15 STRETCHING (NL) 11:30 REMINISCING (NL) 2:30 NEW RESIDENT WELCOME HAPPY HOUR (MDR) 4:00 TENDERHEART VISIT (CAS)	LOCATION CODES ECU Extended Care Unit HHR Hollingshead Room CAS Creative Art Studio SL South Lounge NL North Lounge MDR Main Dining Room MCH Memory Care Home		ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE.